



The Open Book Company
WRITING. CONNECTION. COMMUNITY.

Hey There | April 2022 Newsletter



Hi,

I've been thinking a lot about my inner critic lately.

This month, I gave an "open book" peek behind the curtains of what went on surrounding my first ever podcast guesting experience. Here's a recap from Instagram:

☐ I was soooo nervous BEFORE my interview. Deep, guided breathing and immense prep helped a little.

☐ I had so much fun DURING my interview. What a blast!

☐ I admit, I was completely freaking out again AFTER it was over. After all, I should have said this, this and this, right? Oh, and when they asked me that I wish I had said...

A day later, I calmed down a bit and went back to feeling great again. But, the reason I wanted to share this story is because I have heard similar experiences from folks pretty regularly when it comes to hitting submit or publish on everything from a social media post to a full-length manuscript.

Maybe I shouldn't have said this. Maybe I should have added this word. Or this paragraph. Or, perhaps I could have said this a different way. Maybe I shouldn't have even written this entire thing after all...

What was I thinking?

☐ My point here? Let's normalize the idea that just because we have second-thoughts, doesn't mean the whole thing was a disaster.

Just because you might have written something slightly different - with hindsight - doesn't mean that what you did write wasn't valuable.

Just because your piece wasn't "perfect" doesn't mean it wasn't worth writing.

Just because it's a rollercoaster doesn't mean the ride isn't totally worth it.

And, guess what? I had [my second podcast interview](#) last week and it was much less wild of a ride. With four more lined up in May, I feel pumped and appreciative that I pushed through the discomfort - and my inner critic - to keep going and do it anyway.

With peace,

Kim ☐

PS - You can check the episode out below. ☐

Podcast Feature

Chatting Creativity + "False Failures" on the Mr & Mr(s) Show



Mr & Mr(s)

What is
False Failure?

FISHERCAST

Author Spotlight

Self-Publishing Tips

TAHIYA COOPER

Are you planning to self-publish your book? Interested in learning more about marketing, promotions + sales?

Tahiya Cooper, author of [Kindness Week](#) is rocking the self-publishing game... all while teaching full-time.

Check out my latest blog post featuring this amazing educator + author (who I am lucky enough to call one of my clients). In it, I share three self-publishing promo tips I've learned from watching Tahiya and her book over the last three months.



>> Read the Blog <<

Inside the Open Book Community

May Writing Circles + (Free) Workshops

Writing Circles

🔗 Looking to get in dedicated writing time this month but need some accountability? Check out an upcoming Writing Circle to spend time writing alongside others. 🔗 [Learn More](#) 🔗 Now \$10 each or \$40 for the monthly bundle. If this is your first Open Book Community event, use code FIVEOFF to get \$5 off your purchase.

Writing Circle registration >>

FREE Workshops

There will also be two Guided Writing Workshops for Newbies coming. Click these links to register for [May 11th at 7:30pm ET](#) and [May 13th at 10:30am ET](#).

And, don't be a stranger...

Thanks for being a part of The Open Book Community. Your feedback and ideas for future Open Book offerings are welcome. Simply hit 'reply' to say hi.

The Open Book Company is an inclusive community that believes you don't have to have a major book deal, a PhD in English Lit or a spot on a global stage to have a story worth telling.



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