

Hey There | November 2022 Newsletter



Hi,

This month in the Writing Circles we're doing something a bit different. We're not stating how many words we want to write or how many blog posts we want to publish. We're not naming the number of social posts that will go live or how many views we'll get on our latest article.

Certainly, everyone is encouraged to set goals that work for them. But we're setting intentions.

How do you want to show up for your writing? How do you want to show up for yourself? What do you want to feel like when it comes to your writing?

Intentions can look like:

- Be gentle with myself and my process
- Give myself the gift of not editing as I go
- Create the space to explore a new genre
- Focus on the authenticity of my characters

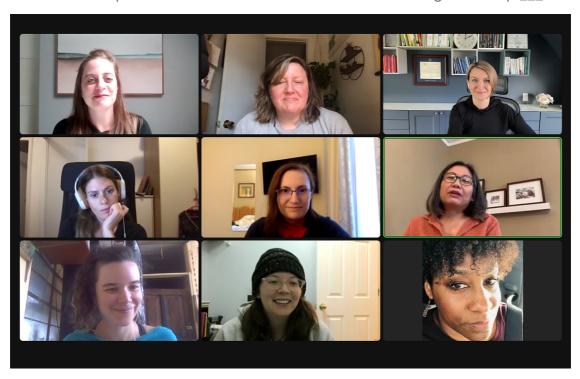
At the beginning of each Writing Circle, during our grounding time, we connect with ourselves and one another and take a brief pause to meditate on and hold space for our intention. This way, it is there and present with us in the room when we begin our writing.

What's your writing intention this month? Hit reply; I'd love to hear.

Happy Writing...

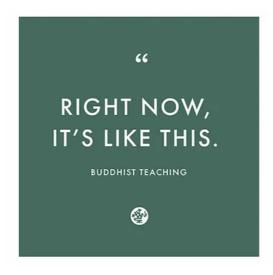
-Kim

Check out this pic from this month's BONUS Intention-Setting Workshop



Musings from The Open Book Company

Latest from the Blog...



Right now, it's like this.

My latest blog post on the perks of being present with your writing.



October in the Open Book Community

An "Inside Look" at what we were up to last month.

Musings from The Open Book Company

On My Bookshelf

What I'm currently reading / recommended reads.



Gathering Blossoms Under Fire

Currently taken in by this collection of Alice Walker's journals at the recommendation of Open Book author, Tina Strawn



The Art of Asking

This 2014 memoir from musician Amanda Palmer has me thinking about community.



Easy Beauty

This memoir about disability and motherhood by Chloe Cooper Jones had my rapt attention.



Follow me on Goodreads

Check out my TBR list and what's on my bedside table right now.

Podcast Feature - Click to Lister

ICYMI: You are inherently worthy of telling your story...



Coming Soon

Group Coaching Experience

Thinking about writing a non-fiction book or memoir? I'm going to be launching a Group Coaching Experience in 2023. This will be ideal for first-time authors or those who might be curious about exploring the process. Interested in getting on the list to learn more? No commitment and no wild email sequence hitting your inbox. Simply one or two updates directly from me once it is ready!

Hit reply to this e-mail + let me know! ▲□

And, don't be a stranger...

Thanks for being a part of The Open Book Community. Your feedback and ideas for future Open Book offerings are welcome. Simply hit 'reply' to say hi.

The Open Book Company is an inclusive community that believes you don't have to have a major book deal, a PhD in English Lit or a spot on a global stage to

have a story worth telling.





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