

Hey There | June 2022 Newsletter



Hi,

Writing is helping me to cope with so many things these days. It is not always a pleasant experience (bringing up thoughts, memories, emotions that are buried a bit), but it is one of the few constants in my life, and it's an outlet that travels with me wherever I go.

It's growing increasingly challenging to hold the pain with the sunshine, the heartbreak with the smiles, but - I believe- it is also increasingly necessary to do so. When all else fails, we can always write.

I hope you are finding some moments for solace, reflection, writing, and anything else you need to protect your peace as we head into summertime.

With love,

Kim [

In case you missed it...

Here's some content from the blog and across social...



Listening to My Heart as it Whispers: Burn it Down

My (pre-Roe-decision) musings on voting



Writer Mini Chat with Maria Wade on IG

1-1 Q&A with Open Book client (Maria Wade, executive coach)



Writer Mini Chat with Lyda Michopoulou

1-1 IG Q&A with Writing Circle member (Lyda M, transformation coach)

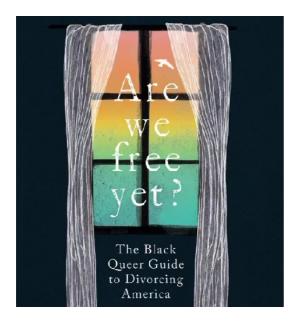


Creating a Space to Grieve

Montclair Local article about Open Book Grief session

Author Spotlight

Tina Strawn's "Are We Free Yet?"



By now you hopefully have heard the news... joy and liberation advocate, Tina Strawn (my dear friend and client), has written the book on getting free! It's called "Are We Free Yet: The Black Queer Guide to Divorcing America".

This book will change your life. No, for real. And, the best part? It's now available for pre-order. Get your copy now from Amazon or Barnes + Noble so it lands straight to your doorstep as soon as it's ready.

Pre-order "Are We Free Yet?"

(And, yes, there is a conversation to be had about Amazon. At The Open Book Company we support independent booksellers 100%. We balance that with the information we've learned about the power of pre-sales for a book and what they can do for an author! Please do your research and make a decision that feels good for you...)

June Writing Circles

Looking to get in dedicated reflecting, journaling or blogging time this summer? Ready to begin (or continue) work on that book idea floating around in your head? Want some company and accountability?

Check out the Writing Circle summer schedule to book some time in your calendar to make it happen. (<u>Learn More</u>)

□***SUMMER SALE**: Split the cost of entry with me. Use coupon code SUMMERSPLIT at check-out to pay \$20 for unlimited summer access or \$5 for each individual session.

Questions? Hit reply to this email.

Writing Circle registration >>

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